



Dear Parents and Carers,

On Monday 14th November 2017 Skip2BFit will be coming into school to show the children how fun skipping can be. They will be teaching the children how to skip in different ways while using music to skip to a beat. Each class will then take on a 2 minute challenge, where their number of skips are counted and the children try to beat their own score.

Please could we ask that all hair is tied back and earrings removed or covered for the day.

We hope that all of the children enjoy the day and are keen to take part in skipping activities afterwards.



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Mrs Harmer's class are doing the skipping challenge first. Please can your child come to school in their PE kits (which they will bring home on Friday). Could they also bring their school uniform to school in their PE bag.

They can then change into their uniform after the skipping challenge.

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